

Mental Health Quality Advisory Committee

Prior Authorization Statistics

01/2009 Meeting

of Approved Prior Authorization Requests

Name of Edit	Anthem	Anthem	Anthem	MHS	MHS	MHS	MDwise	MDwise	MDwise	FFS	FFS	FFS
	Oct-08	Nov-08	Dec-08	Oct-08	Nov-08	Dec-08	Oct-08	Nov-08	Dec-08	Oct-08	Nov-08	Dec-08
3 or more any antidepressant medications, excluding trazodone	1	2	3	2	1	2	1	1	3	47	43	82
3 or more any antipsychotic medications	*	*	*	0	2	1	0	0	0	97	61	88
3 or more atypical antipsychotic medications	0	3	5	0	2	0	1	1	0	32	15	16
3 or more benzodiazepines	2	0	1	0	0	1	1	0	0	17	10	18
Low dose Seroquel 25mg and 50mg	11	5	10	1	2	2	0	0	1	46	22	15
2 or more tricyclic antidepressant medications	1	0	3	0	1	1	3	0	0	1	0	4
2 or more typical antipsychotic medications	1	2	2	0	0	2	0	0	0	5	10	3
2 or more SSRI/SNRI medications	58	40	51	22	40	36	61	45	57	191	131	164
2 or more sedative hypnotic medications	8	13	12	19	14	16	13	20	15	123	112	106
MHQAC utilization edits	65	37	58	27	19	23	NA	NA	NA	220	128	167
Totals	147	102	145	71	81	84	80	67	76	779	532	663

Comments ***Anthem** is unable to determine which edit is applied for the duplicate therapy edits, thus the edit for 3 or more antidepressants includes only those agents that are not a TCA, SSRI, or SNRI. The same is true for 3 or more antipsychotics; those PAs are reported individually on the typical and atypical line. **MDwise**: NA - MDwise did not collect authorization data for this edit in 4Q08.

Mental Health Quality Advisory Committee

Prior Authorization Statistics

01/2009 Meeting

of Denied Prior Authorization Requests

Name of Edit	Anthem	Anthem	Anthem	MHS	MHS	MHS	MDwise	MDwise	MDwise	FFS	FFS	FFS
	Oct-08	Nov-08	Dec-08	Oct-08	Nov-08	Dec-08	Oct-08	Nov-08	Dec-08	Oct-08	Nov-08	Dec-08
3 or more any antidepressant medications, excluding trazodone	0	0	1	2	0	1	3	0	5	2	0	1
3 or more any antipsychotic medications	*	*	*	5	1	0	0	0	0	0	0	0
3 or more atypical antipsychotic medications	0	0	0	5	1	0	2	0	0	0	0	0
3 or more benzodiazepines	2	0	0	0	0	0	2	0	0	1	0	0
Low dose Seroquel 25mg and 50mg	0	0	0	13	12	12	16	10	14	12	8	8
2 or more tricyclic antidepressant medications	0	0	1	0	0	1	1	1	0	0	0	0
2 or more typical antipsychotic medications	0	0	0	0	0	0	0	0	0	0	0	0
2 or more SSRI/SNRI medications	6	8	10	19	12	26	14	14	19	3	0	2
2 or more sedative hypnotic medications	2	2	2	6	3	3	9	18	14	0	1	3
MHQAC utilization edits	3	0	0	44	25	33	NA	NA	NA	0	4	3
Totals	13	10	14	94	54	76	47	43	52	18	13	17

Comments * **Anthem** is unable to determine which edit is applied for the duplicate therapy edits, thus the edit for 3 or more antidepressants includes only those agents that are not a TCA, SSRI, or SNRI. The same is true for 3 or more antipsychotics; those PAs are reported individually on the typical and atypical line. **MDwise**: NA - MDwise did not collect authorization data for this edit in 4Q08.

Mental Health Quality Advisory Committee

Prior Authorization Statistics

01/2009 Meeting

of Unique Members that Triggered Edit

Name of Edit	Anthem Oct-08	Anthem Nov-08	Anthem Dec-08	MHS 4Q08	MDwise 4Q08	FFS Oct-08	FFS Nov-08	FFS Dec-08
3 or more any antidepressant medications, excluding trazodone	4	6	NA	15	93	94	77	99
3 or more any antipsychotic medications	*	*	NA	16	0	109	92	75
3 or more atypical antipsychotic medications	11	11	NA	12	821	38	27	35
3 or more benzodiazepines	8	3	NA	4	632	39	58	73
Low dose Seroquel 25mg and 50mg	15	9	NA	106	400	287	191	217
2 or more tricyclic antidepressant medications	6	5	NA	10	310	10	15	15
2 or more typical antipsychotic medications	2	5	NA	3	22	26	16	16
2 or more SSRI/SNRI medications	177	160	NA	449	2965	381	311	345
2 or more sedative hypnotic medications	57	63	NA	136	390	293	243	277
MHQAC utilization edits	1005	842	NA	217	2037	2124	2142	2314
Totals	1285	1104	NA	968	6861	3401	3172	3466

Comments

ANTHEM: Monthly date for December is not available as of yet. **MHS:** The data for the # of Unique Members Triggering the edit is actual the number of claims denials for the edit; members may be duplicated in this number. Also, it was reported as an aggregate for 4Q08, not as individual months; Going forward, we will drill down the data to the unique member count and report on a monthly basis. **MDwise:** Total Count is total unique members posted among all edits.

Executive Summary: **MHS:** 4Q08 numbers are consistent with 3Q08. The edit with the highest amount of hits are the 15-day trial fill for atypicals (data not shown here), MHQAC utilization edits and the SSRI/SNRI edits. **MDwise:** Highest authorization request per denied claim is with the 2 or more sedative hypnotic edit. The lowest authorization request per denied claim is with the 3 or more atypical antipsychotic agents and the 3 or more BZDs. **FFS:** The number of approvals decreased from October to November but rebounded from November to December with a 3-month average of 658 approvals; the number of denials remained relatively steady. The number of unique members that triggered the edits also decreased from October to November but rebounded from November to December with a 3-month average of 3,346.