

**Mental Health Quality Advisory Committee
Prior Authorization Statistics
04/2009 Meeting**

of Approved Prior Authorization Requests

Name of Edit	Anthem	Anthem	Anthem	MHS	MHS	MHS	MDwise	MDwise	MDwise	FFS	FFS	FFS
	Jan 09	Feb 09	Mar 09	Jan 09	Feb 09	Mar 09	Jan 09	Feb 09	Mar 09	Jan 09	Feb 09	Mar 09
3 or more any antidepressant medications, excluding trazodone	2	1	2	2	1	0	1	2	5	55	46	50
3 or more any antipsychotic medications	see comment	see comment	see comment	1	1	0	0	1	0	84	84	88
3 or more atypical antipsychotic medications	1	4	6	1	0	0	0	0	0	19	11	45
3 or more benzodiazepines	2	0	0	0	0	0	1	0	0	8	10	24
Low dose Seroquel 25mg and 50mg	4	4	6	2	3	1	2	2	2	21	25	25
2 or more tricyclic antidepressant medications	1	3	3	4	1	1	0	3	1	2	6	0
2 or more typical antipsychotic medications	0	1	1	1	0	0	0	0	0	4	4	2
2 or more SSRI/SNRI medications	47	45	46	19	37	27	47	55	69	142	167	203
2 or more sedative hypnotic medications	5	7	6	15	10	14	20	23	14	102	100	135
MHQAC utilization edits	47	40	64	30	21	26	NA	NA	NA	151	187	174
Totals	109	105	134	75	74	69	71	86	91	588	640	746

Comments **Anthem:** Anthem is unable to determine which edit is applied for the duplicate therapy edits, thus the edit for 3 or more antidepressants includes only those agents that are not a TCA, SSRI, or SNRI. The same is true for 3 or more antipsychotics; those PAs are reported individually on the typical and atypical line.

MHS:

MDwise: Modifications to the MDwise/PerformRx call center tracking system are under development to support the ability to differentiate authorization requests originating from MHQAC utilization edit denials.

FFS: The number of approvals increased from January 2009 through March 2009 with a 3-month average of 658 approvals.

**Mental Health Quality Advisory Committee
Prior Authorization Statistics
04/2009 Meeting**

of Denied Prior Authorization Requests

Name of Edit	Anthem	Anthem	Anthem	MHS	MHS	MHS	MDwise	MDwise	MDwise	FFS	FFS	FFS
	Jan 09	Feb 09	Mar 09	Jan 09	Feb 09	Mar 09	Jan 09	Feb 09	Mar 09	Jan 09	Feb 09	Mar 09
3 or more any antidepressant medications, excluding trazodone	0	0	0	1	0	2	2	1	0	0	0	0
3 or more any antipsychotic medications	0	0	0	3	1	0	0	0	0	0	0	0
3 or more atypical antipsychotic medications	0	1	0	3	2	1	0	0	0	0	0	0
3 or more benzodiazepines	0	0	0	0	0	0	0	0	1	0	1	0
Low dose Seroquel 25mg and 50mg	0	0	0	5	1	2	15	10	15	6	5	12
2 or more tricyclic antidepressant medications	0	0	0	0	1	0	0	1	0	0	0	0
2 or more typical antipsychotic medications	0	0	0	0	0	0	0	0	0	0	0	0
2 or more SSRI/SNRI medications	2	2	6	26	21	31	14	14	11	1	2	0
2 or more sedative hypnotic medications	2	1	2	6	4	2	6	10	14	1	1	1
MHQAC utilization edits	1	0	1	42	27	37	NA	NA	NA	2	0	3
Totals	5	4	9	86	57	75	37	36	41	10	9	16

Comments **Anthem:** Anthem is unable to determine which edit is applied for the duplicate therapy edits, thus the edit for 3 or more antidepressants includes only those agents that are not a TCA, SSRI, or SNRI. The same is true for 3 or more antipsychotics; those PAs are reported individually on the typical and atypical line.

MHS:

MDwise: Modifications to the MDwise/PerformRx call center tracking system are under development to support the ability to differentiate authorization requests originating from MHQAC utilization edit denials.

FFS: The number of denials remained steady.

**Mental Health Quality Advisory Committee
Prior Authorization Statistics
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of Unique Members that Triggered Edit

Name of Edit	Anthem	Anthem	Anthem	MHS	MHS	MHS	MDwise	MDwise	MDwise	FFS	FFS	FFS
	Jan 09	Feb 09	Mar 09	Jan 09	Feb 09	Mar 09	Jan 09	Feb 09	Mar 09	Jan 09	Feb 09	Mar 09
3 or more any antidepressant medications, excluding trazodone	4	2	**	5	4	7	NA	NA	NA	86	75	92
3 or more any antipsychotic medications	see comment	see comment	**	7	3	8	NA	NA	NA	83	82	113
3 or more atypical antipsychotic medications	6	9	**	5	7	8	NA	NA	NA	42	25	58
3 or more benzodiazepines	4	2	**	2	1	1	NA	NA	NA	46	54	60
Low dose Seroquel 25mg and 50mg	5	6	**	29	25	43	NA	NA	NA	155	165	200
2 or more tricyclic antidepressant medications	7	10	**	7	6	8	NA	NA	NA	7	13	21
2 or more typical antipsychotic medications	1	1	**	2	2	1	NA	NA	NA	12	13	17
2 or more SSRI/SNRI medications	136	152	**	125	152	226	NA	NA	NA	264	350	446
2 or more sedative hypnotic medications	55	54	**	36	66	52	NA	NA	NA	324	276	344
MHQAC utilization edits	815	828	**	47	72	76	NA	NA	NA	1985	2068	2509
Totals	1033	1064	**	265	338	430	NA	NA	NA	3004	3121	3860

Comments

Anthem: **Anthem March data will not be available until May, 45 days after the close of the month. Anthem is unable to determine which edit is applied for the duplicate therapy edits, thus the edit for 3 or more antidepressants includes only those agents that are not a TCA, SSRI, or SNRI. The same is true for 3 or more antipsychotics; those PAs are reported individually on the typical and atypical line. B24

MHS: Data for the # of unique members triggering edit is the # of claims denials for the edit; members may be duplicated in this number dependent on how many times the pharmacy submitted the claim.

MDwise: The Plan identified a problem in the query to reliably pull information on unique member by clinical edit. MDwise is trouble-shooting the methodology for this analysis in order to create a more reliable report. MDwise expects to report unique member information for 1Q2009 at the MHQAC meeting in July 2009.

FFS: The number of unique members that triggered the edits also increased from January 2009 through March 2009 with a 3-month average of 3,332.