

Mental Health Quality Advisory Committee Meeting

January 15, 2009

+++**DRAFT MEMORANDA**+++

Committee Members: P- Present, A- Absent

James Koontz	P	Dr. George Parker	P	Dr. Jeff Wells	P
Stephen McCaffrey	P	Jeremy Thain	P	Katherine Wentworth	A
Carol Ott	P				

In attendance representing the FSSA/OMPP:

Marc Shirley, Mike Sharp, Medina Lee, Kristin Johnson

Opening Comments

Dr. Jeff Wells opened the meeting and stated that Cathy Boggs, Director of Division of Mental Health and Addiction (DMHA) with FSSA, along with Dr. Caroline Carney Doebbeling, Office of Medicaid Policy and Planning (OMPP) would discuss the status of the transformation workgroup.

Approval of Minutes

A motion to approve the draft memoranda of the October 16, 2008 meeting as written was moved, seconded, and approved.

Reports, Updates

Dr. Wells recognized the work of Mike Sharp, Marc Shirley, Kristin Johnson, and Medina Lee, OMPP Pharmacy Team, in compiling data and information into a single document. The information helps the Committee to understand outcomes and changes, therefore ensuring the ability to manage and monitor.

Prior Authorization (PA) Statistics

Mike Sharp said that at the last meeting a request was made to show the approved and denied prior authorization (PA) requests by not only the name of edit, but also by the unique members that were hitting the edit. Mr. Sharp said that it proved to be a difficult task due to having four different claim processors. The first attempt shows the difference between how many members were hitting the edits and of that number, how many members have PA requests that were either approved or denied. Mr. Sharp asked for each plan to provide a quick summary. Jeannine Murray, Pharmacy Director for Anthem, said that the SSRI/SNRI edit is the largest edit that triggered, and also had the most PA requests. Ms. Murray said that they do not have a tremendous amount of denials – a little over 10% of members who hit the edits at the point of sale go on to pursue a PA and, of those, the majority get approved thru PA because they met the criteria Anthem set forth. Chris Johnson of MDwise concurred with Ms. Murray with regards to the percentage of members. Randall Renshaw, Executive Account Manager for ACS, provided the fee-for-service data. Mr. Renshaw said that the number of approvals did emulate what was going on with the number of unique members that triggered the edits; further, that the number of denials remained stable. The most common edit approved was the MHQAC utilization edit.

Mental Health Transformation

Dr. Wells said that Medicaid has been looking at mental health rehabilitation option services, how the current funding model works and what services are being delivered to the Medicaid population. The MHQAC has been trying to ensure that medications are being prescribed in a way that is safe and appropriate. Ms. Boggs provided a brief overview of what the mental health transformation workgroup has been doing the past one-and-a-half years.

Integration of Cognitive Behavioral Therapy (CBT) and Medication Therapy

Dr. Wells said that methods to create greater consistency of medication management as well as therapy have been examined. Cathy Boggs observed that the state hospitals have been given the charge to examine prescribing practices with the goal of individuals being able to return to community residence, with necessary support provided. Ms. Boggs said that Dr. George Parker is working with the facility medical directors in reviewing prescribing practices in the facilities. The Committee agreed that the combination of medication management with behavioral therapy would be beneficial for individuals with mental health-related needs. Barriers at the provider level include workforce shortage, training, therapy education, medication education, etc.

Update on Smart PA

Dr. Wells stated that a decision had been reached to employ ACS' Smart PA system. It will be implemented for the fee-for-service pharmacy benefit with a currently envisioned startup date of late summer to early fall of this year, and gave a brief recap of activities that would occur leading up to implementation.

Mental Health Quality Advisory Committee Meeting

January 15, 2009

+++**DRAFT MEMORANDA**+++

Utilization Edits

Dr. Carol Ott presented four new medication updates, as follows:

<u>Drug</u>	<u>Proposed Utilization Edit</u>
D-amphetamine sulfate 5mg/5mL solution	40mL/day
Dexedrine Spansules 5mg capsules	2/day
Dexedrine Spansules 15mg capsules	2/day
Pexeva 40mg tablets	1/day

Motion: A motion to approve the limitations was moved, seconded, and approved unanimously.

Action: Recommend that the limitations be presented to the DUR Board for their approval.

Update: “2 or More Atypicals” Letter

Mr. Sharp provided an update on the “two or more atypicals” mailing to providers. He advised that the letter has been completed and that ACS is currently in the process of compiling the profiles. The letter is anticipated to go out at the end of this month or early next month. He said that the Indiana State Medical Association had been contacted and had agreed to reference the mailing in their newsletter. He also mentioned that a dedicated e-mail address would be used to submit feedback on the letter.

Action: ACS is to bring to the next meeting a proposed Smart PA clinical edit for two or more atypicals.

Meetings RE: Adolescent/Children’s’ Issues

Dr. John Wernert provided an update on an upcoming symposium, stating that it would be held on Saturday, April 25th at the NCAA Hall of Champions. It will be a 4 CME meeting. He said that the sponsors are OMPP, MDwise, DMHA, and the Indiana Psychiatric Society. The topic of the symposium will be *Appropriate Psychiatric Management of Challenging Conditions of Children and Adolescents*.

Comments/Inquiries

It was noted that no e-mails had been received in the MHQAC’s dedicated e-mail account.

Old Business

None

New Business

None

Agenda items for the next meeting

- Update on Smart PA
- PA statistics
- Update on pilot programs – John Wernert
- Feedback on “two or more atypicals” letter
- Presentation of Smart PA “two or more atypicals” edit
- Kelly Williams to present regarding children’s issues
- Status update on integration projects
- Standing agenda items

Meeting adjourned at 11:16 A.M.

The next meeting will be April 16, 2009 at 10:00 A.M. EST in Conference Center Room 19 of the Indiana Government Center South Building.